



NEWSLETTER OF ACTIVITIES (249)
October/ November/ December 2018

I understand that I participate in today's outing entirely at my own risk. The volunteer leader will try to make the event enjoyable, informative and safe, but neither The Urban Trail Conference Inc. nor its officers and leaders can be held responsible for accident or injury. The leader may reject from the outing anyone whose preparation or conduct is inappropriate. I will comply with all applicable laws.

Announcements

- Membership:** Check your mailing envelopes for expiration dates and send dues as required. First year membership is only \$7. Thereafter, membership dues are \$10 for 1 year, \$18 for 2 years. (a great gift idea). See contact information at the end of this schedule
- Extra Hikes via the Internet:** In addition to our printed schedule, many leaders give unscheduled "extra-hikes" via the internet. Members whose dues are current can receive them by sending their Email address to Urbantrail2000@yahoo.com. If you have been receiving hike messages from us, we already have your Email address, SO DO NOT RESEND. Also, check your "Spam" messages
- New leaders are needed-Free membership** Hikes or other outdoor activities, on an easy or difficult level are needed and welcome. Contact us to be listed in our next printed schedule. Use Urbantrail2000@yahoo.com. and see "Contact Us" information at the end of this newsletter for additional information. Free club membership for leaders who give a least 2 hikes per year for our printed schedule. After completing your first hike or activity for our printed schedule, you may also Email hike-writeups that are not in the printed schedule for posting via email, at short notice. Leaders also are invited to our annual dinner free of charge.
- To Prepare Before a hike:** **Use** the leader's contact information at the end of each hike listing to check for hike status and details. **Bring** enough food and water, over a quart during the hot summer months. **Always wear** sturdy footwear, follow the leader and stay with the group. And don't forget the bug-repellant. **Check** train & bus schedules and fares. (1) MTA Website is WWW.MTA.INFO. (2) LIRR info: 718-217-LIRR. (3) Call 511 for all travel information listed here and much more. (4) "The Map" is a printed map of NYC Subway, Metro-North, L.I.R.R. & New Jersey R.R. train routes. Both bus and NYC subway train maps are free of charge at all fare booths but get bus maps at fare-booths in the borough you wish to travel.
- Critical HELP IS NEEDED for our printed Newsletter to continue!** **We Need Volunteers**, regular and substitute, to produce this Newsletter of Activities. Editors and proof-readers of all abilities in word-processing are needed. Minimum requirements are the ability to receive text documents, proof-read and return the corrected document in a readable format by email. Let me know your experience. **Also**, help is needed every three months to mail out this Newsletter. Contact Victor Scelzo, Urbantrail2000@yahoo.com or 718-652-9075
- New York- New Jersey Trail Conference -Trail Ambassador Program.** Members of The Urban Trail Conference can join the NY/NJ Trail Conference and get a free quality, durable trail map OR 50% off the regular membership rate. Join by visiting WWW.NYNJTC.ORG/TA-JOIN and using Redemption Code "TA95474" You can also call Brendan at 201-512-9348 ext. 28; Ask for the Trail Ambassador program. Included is a subscription to their quarterly Trail-Walker newsletter containing, conservation and hiking articles of interest.
- Free membership in our club for regular trail maintainers.** In addition, Bob Ward can give you information about volunteering for trail maintenance in Queens, NY and for the NY-NJ Trail Conference in general. Required is the ability to do pleasant, outdoor activity, using light hand tools. Schedule at your own convenience. Contact him: 718-471-7036 evenings no later than 9PM or by email: NY.RobertWard@gmail.com. Bob is the former President of the NY Hiking Club and longtime trail-maintainer.

Check all hikes to see if registration or preparation is required.

Mon., Oct. 08- Columbus Day (meet at 1 pm after lunch. Bring snack & water) - **ROCKEFELLER STATE PARK PRESERVE - Western Portion.** About 5 miles, circular hike, leisurely pace with stops for commentary by historians Sara Kelsey and staff of the Preserve as part of the “*New York State Path through History Weekend*”. This walk, mostly on the Old Croton Aqueduct, begins at the ruins of Rockwood Hall, crosses the Archville bridge, and then finishes on Rockefeller State Park Preserve trails to view a major Aqueduct structure that crosses the Pocantico River. History, birds, botany, and beauty may be anticipated. CARS MEET: at the Rockwood Hall small parking lot where Phelps Way becomes Kendal Way just north of Phelps Memorial Hospital at 1PM (description & directions: www.nynjtc.org/hike/rockwood-hall-sleepy-hollow). For hike status, emails preferred: Urban Trail Conference leader, David Bernstein, **347-224-7376** (before 9pm), islay6@gmail.com, or Sara Kelsey, **646-303-1448**, saraakelsey@gmail.com. Joint Walk with Friends of the Old Croton Aqueduct. Members only.

Only those wishing to go by Metro-North RR **must register** starting Wednesday before the hike, to see if a car is available to the meeting place. Limited space available!! Take the 11:20 AM Metro-North Hudson Line from Grand Central Terminal to Tarrytown, arriving 12:11 pm. Meet leaders on northbound station platform. Drivers may also volunteer for car-pool. Fares: R/T 21.50 / \$14 seniors. Contact David above or Victor Scelzo 718-652-9075 or email urbantrail2000@yahoo.com

Option #1- Plan for your day's activity and go yourself:

Sat., Oct. 13 - **LAMONT-DOHERTY EARTH OBSERVATORY OPEN HOUSE.** Whether you're an aspiring young scientist or a long-time science enthusiast, you're sure to enjoy Lamont-Doherty's Open House. Tour a lab, participate in hands-on earth science demonstrations, and learn from world-renowned researchers about their latest discoveries. Open House is free and open to the public, with a \$5 suggested contribution. For information contact <http://openhouse.ideo.columbia.edu>. or call **845-365-8998**. The following information, from past years must be verified before the event: Free Shuttle Buses leave every 15 minutes starting about 9:30 AM from Teacher's College (120th St. between B'way and Amsterdam) to Lamont and for afternoon return. Free Parking available. Friendly to accompanied children. Email Urbantrail2000@yahoo.com for info.

Option #2- Prepare and go to Open House with a leader:

Sat., Oct.13 – **LAMONT-DOHERTY EARTH OBSERVATORY OPEN HOUSE SCIENCE FAIR.** Science lectures (Columbia Professors). Films, tent exhibitions, and about a 2-mile hike on the Long Path trails. Meet: Port Authority Bus Terminal, South Wing, by the Commuter Statues before 8:45 A.M. Bus departs 9:15 AM (bus 9A, Gate 220) arriving State Line / Lamont Doherty at 10:03 am. Bring lunch and water. Free return transportation to 120th Street and Amsterdam Ave. starting mid-afternoon every half-hour. Morning bus is also available at the George Washington Bus Terminal at 9:40am. Leader: Marvin Malater, **718-367-3608**. Nonmembers \$3.

Sat, Oct. 13 -**BROOKLYN BRIDGE PARK TO CHINATOWN.** Moderate pace, about 8-9 miles, walking from York & Jay streets in Brooklyn. View a variety of public art murals on the way to Atlantic and Flatbush Avenues, and we will stop at Middle Eastern stores for pastries. The final phase of our walk will include a walk on a swing bridge and will exploring St. Ann's Warehouse Garden and will sample wickedly spicy chocolate drink at Jacques Torres' shop. Walking over the Brooklyn Bridge will be an exciting experience. Optional post-lunch snacks at a Chinese café will be available. Meet at 10:30 A.M on the corner of Jay & York street, near the Dumbo Kitchen coffee shop. Take the “F” train to York street in Brooklyn. Bring water, lunch and snacks. Call to confirm status one day before the walk, up to 9:30 P.M. Leader: Youn, **917-670-3845**. Joint walk with other clubs but Members Only. No Slow Walkers, Please!

Sun., Oct 14- “**JUNIPERLAND**” **IN QUEENS.** (Pray for good weather this time.) About 4 miles on level terrain, easy but steady pace. So, there was once a "phantom village" in Queens? And what did Arnold Rothstein, the gangster, have to do with it? See the place & hear the story. Stroll through the verdant 55-acre Juniper Valley Park after walking through a commercial (& ethnic) section of Rego Park. We may briefly visit St. John Cemetery. We'll wend our way through the streets of Rego Park Crescent & see varieties of domestic architecture. Possibility of an early dinner option in a Bukharan restaurant. Take the "R" train to "63rd St.-Rego Park" station. MEET at 12:45 PM at 63rd Drive. & Queens Blvd. in front of Rite-Aid (95-14 63rd Dr.). Steady rain cancels. Bring snacks & water. Joint walk with other clubs. Leader: Dev Zetlan, **212-662-8922** or devz@aol.com . Joint hike with Outdoors Club. Nonmembers \$3.

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Sun., Oct. 14- **FORT TRYON PARK-plus**. 2 miles at a slow, steady pace. Meet Leaders just outside the building (Upper Level) of the 190th St. Station (Overlook Terrace) of the “A” train at 11:30 AM. We will walk through Fort Tryon Park, taking in the vistas and then walk North along Broadway to see the oldest farmhouse in Manhattan, still in existence, plus other interesting things. Bring lunch and beverage. Leaders: Ken King, **631- 592-1937** & Bob Ward, **718- 471-7036** after 8:00pm but not on day of trip. Joint with other clubs. Members only.

Sat. Oct. 20, 1pm after lunch. **LOWER 3rd AVE MANHATTAN; THE BOWERY AND MORE**. 2 miles, at an easy pace. We'll note the history of area: changes on lower 3rd Ave. and other places such as St. Marks and Astor Places. Explore side streets of 3rd Ave. and the Bowery and McSorley's Ale House; optional visit to New Museum of Contemporary Art at 235 Bowery near Prince St. Meet at 14 St. and 3rd Ave., SW corner, at 1pm after lunch. Restrooms at Barnes & Noble on 17 St. or coffeehouses in area. Any train to Union Square; walk one block east to 14th St. and 3rd Ave. Leader: Susan B.; **718-275-7654**; Call to confirm. Joint walk; but members and friends only; NO MEETUP GROUP. Nonmembers \$3.

Sat., Oct. 20 – **WESTSIDE RIVER WALK; ART AND DINNER**. Distance: 5 miles moderate pace. River vistas from 14th to 57th streets along the Hudson River. At 57th Street, a tour of some selected art galleries and a finish at Parnell's for an optional early dinner. Excellent fare and generous servings, inclusive of a choice of drink for about \$21 to \$25, including tip. Meet at 10 AM at the North West corner of 8th Ave. at 14th street (Take A / C or E trains). Bring a light lunch / snack and water. Leader: Marvin Malater and co-leader Joani Auerbach. For hike status and info. phone Marvin, **718-376-3608**. Joint hike. Nonmembers \$3.

Sun., Oct. 21 - **ROCKAWAY BOARDWALK**. 3 miles at a slow but steady pace. We will walk the boardwalk to 108th Street and then over to the Rockaway Ferry Terminal. Take a Far Rockaway bound “A” train to the last stop, walk half block to 21st Street and take the Q-22 Bus to Seagirt Blvd. Meet the leaders on the corner of Beach 20th Street and Seagirt Blvd., Far Rockaway at 11:30 A.M. Free transfer from subway to bus if using MetroCard. Leaders: Ken King, **631-592-1937** & Bob Ward, **718-471-7036** (call Bob after 8:00 pm but not on day of the trip). Bring lunch and beverage Joint with other clubs. Members only.

Thur., Oct. 25 - **STONE BARNES AND ROCKEFELLER PRESERVE**. 7 miles at a moderate pace, some ups and downs. We'll walk around Rockefeller Preserve and then go over to Stone Barns where we'll have lunch, or you can buy something at their café. Meet at Grand Central Station by the information booth to take the 9:20 AM train to Philipse Manor, arriving at 10:12. Check schedule for any possible changes. This train can also be boarded at Marble Hill at 9:40 am. Leader will be boarding at Marble Hill. Fare one way: \$10.75/ 7.00 (Grand Central); less at Marble Hill. Rain cancels. Leader: Pat Belanoff, **212-568-2052** or padaulton@gmail.com. Call after Tuesday: no calls after 9:30 PM, but you must check to see that hike is on. Joint hike with Outdoors Club. Members only.

Sun, Oct. 28 - **WEST RIVER WALK**. 7 to 10 miles walking on paved streets, starting from Riverside Park and then on to the promenades of the two piers on the 69th street to view the waterfront of New Jersey across the river. We will also view various wild flowers, shrubs, and sculptures funded by the NYC Public Arts Project. Finally, we'll reach the elevated High Line, the 1930 freight railroad line, converted into a wild, NYC wonderland. On the way to the West Village, we'll visit St. Luke's, a small flower garden, will be a memorable experience. Possibly, an optional late post-lunch snack at a well-known ice cream store or a pizza place. Meet 10 A.M at 72nd street and Broadway, Trader Joe's Lobby. Take the #1, 2, 3 to 72nd Street. Bring lunch, water, and snacks. Leader: Youn, **917-670-3845**. Call to confirm the walk status a day before the walk up to 9:30 pm. Joint walk with Members only. Please, No Slow Walkers.

Sun. Nov. 04th A.M. DAYLIGHT SAVINGS TIME ENDS

Sun., Nov. 04 - **SCENIC VALLEY STREAM L.I.** - Easy pace, about 4-5 miles through village park and state park. Possible visit to historic 1840 house (optional). We will return to same spot. Bring lunch and water. Take the Long Island Rail Road, from Penn Station. Meet leader 10:45 AM at Valley Stream, NY-LIRR station. Check schedules for departure and arrival times, if changes take the earlier train and meet me downstairs. Wait outside downstairs Meeting Room. LIRR Information: 718-217-lirr or www.mta.info. Cancelled if raining; snow or icy. Leader: John Socolick. Call John for info, **516- 359-1591** (serious calls only). Email preferred: finch1149@gmail.com. Non-members \$3.

Sun., Nov. 04 - **HISTORIC BROADWAY Part 1 of 2 - BOWLING GREEN TO 14 ST** (part 2 next Sun. Nov. 11). Two plus miles at a slow but steady pace. You will learn about its name and historic sites along the route. Meet leader in front of the entrance of the Alexander Hamilton Custom House at 11:15 AM. Take #4 or #5 train to Bowling Green and short walk south. Leader: Bob Ward. **718-471-7036** after 8:00pm, but not on day of walk. Bring lunch and water. Joint with other clubs but Members only.

Thur. Nov.08 - **VAN CORTLANDT PARK**. 6 miles at a moderate pace. Exact trails will depend on the weather. Meet at 10:30 at the end of the No. 1 train (242nd St.). Please match your footwear to weather conditions; hiking boots are best. Bring lunch and water. Hike ends where it began. Leader: Pat Belanoff, **212-568-2052**. Call after Tuesday, not after 9:30PM at night or email padaulton@gmail.com, but you must check to make sure hike is on. Joint hike with Outdoors Club. Members only.

Sun., Nov.11- **HISTORIC BROADWAY Part 2 of 2 – 14TH TO 42ND STREET**. Two miles at a slow but steady pace. We will continue our walk seeing and learning about some of the places in this segment of our Broadway journey (part 1 took place last week). Meet leader on the Southeast corner of Broadway & 14 St. at 11:00 AM. Take any train stopping at 14th St.-Union Square. Bring lunch and beverage. Leader: Bob Ward **718-471-7036** after 8:00pm, but not on day of the trip. Joint with other clubs but Members only.

Sun., Nov.18 - **MIDDLE HUDSON RIVER WALK-Manhattan**. 3 miles at a slow but steady pace. We will first walk through Riverside Park and then along the Hudson River walking path as far as 34 Street. Drop off points available but tell a leader before leaving. Meet on the southwest corner of 96 St. & Riverside Drive at 11:30 AM. Take the #1 or #2 train to 96th St. Bring lunch & beverage. Leaders: Bob Ward, **718- 471-7036** (after 8:00pm but not on day of the trip, and Ken King, **631- 592-1937**. Members only. Joint with other clubs

Sun., Dec. 02- **UPPER MANHATTAN HISTORIC THREESOME**. Two miles plus at a slow but steady pace. We will take a bus from Manhattan and cross the Harlem River, on foot and then visit a place where George Washington slept and then on to the home of his protégé, that has been moved to a better place. Meet at 11:30 AM on the Southeast corner of Broadway and 178th Street. Bring lunch & beverage. Leaders: Bob Ward, **718 471-7136** (after 8:00pm but not on the day of the trip) and Ken King, **631-592-1937**. Members only. Joint with other clubs.

Sun., Dec. 02 -**STAPLETON, TO HIGH ROCK, STATEN ISLAND**. 9 miles, moderate pace with some ups and downs. In Staten Island, explore the St. Paul Ave.- Stapleton Heights District, the trails of Serpentine Commons and the Wagner College Campus. Follow the Blue Trail thru the S.I. Green Belt to High Rock Park. Return by the S74 or S76 Bus to the S.I. Ferry terminal. Bring lunch, water and hiking boots. Meet at the Staten Island Ferry terminal, Manhattan, at 9:45 AM, 2nd floor by Auntie Anne’s for the 10am ferry. Metro card fares and transfers apply. Leader: Joel Pomerantz, **212-691-3844**. Call for hike status and info before 10pm. Rain Cancels. Joint hike with Outdoors Club. Nonmembers \$3. No “Meetup” groups.

Thur., Dec.13 - **Lost Brook Preserve**. We’ll meet at the George Washington Bus Station by 10:30 AM (the latest) to take the 10:40 AM 9A bus to the Clinton Avenue stop. We’ll walk around the Preserve, visit the Tenafly Nature Center and return from the same stop back to the GWB station. Possible extension onto Long Path. Bring lunch and water. \$6.25 round trip; less for seniors. The walk is mostly flat. Leader: Pat Belanoff, **212-568-2052** or email padaulton@gmail.com, but you must check to make sure hike is on. Call after Tuesday, not after 9:30 PM, but you must call to make sure hike is on. Joint hike with Outdoors Club. Members only.

OUR NEXT SCHEDULE INCLUDES Jan-Feb-Mar 2019

..... CONTACT US

**Please send your membership renewal of \$10 for one year to:
The Urban Trail Conference Inc., P.O. Box 264, Bronx, NY 10463-0264
(New members only: your first-year membership is \$7)
Make check payable to The Urban Trail Conference Inc.**

☞ Your membership renewal date can be found on the mailing label of your envelope. ☞
☞ Non-members pay one day dues \$3. Members do not pay fee. ☞

FOR SCHEDULES AND CLUB INFORMATION:

✉ Email: urbantrail2000@yahoo.com ✉ 🌐 Web Site: www.urbantrail.org 📞 718-652-9075 (before 9 p.m.) 📞
or write to the above P.O. Box address.