



NEWSLETTER & SCHEDULE OF ACTIVITIES (247)

April /May /June 2018

I understand that I participate in today's outing entirely at my own risk. The volunteer leader will try to make the event enjoyable, informative and safe, but neither The Urban Trail Conference Inc. nor its officers and leaders can be held responsible for accident or injury. The leader may reject from the outing anyone whose preparation or conduct is inappropriate. I will comply with all applicable laws.

Announcements

- Membership:** Check your mailing envelopes for expiration dates and send dues as required. First year membership is only \$7. Thereafter, membership dues are \$10 for 1 year, \$18 for 2 years (a great gift idea). See contact information at the end of this schedule
- Extra Hikes via the Internet** In addition to our printed schedule, many leaders give unscheduled "extra-hikes" via the internet. Members whose dues are current can receive them by sending their Email address to URBANTRAIL2000@YAHOO.COM. If you have been receiving hike messages from us, we already have your Email address, SO DO NOT RESEND. Also, check your "Spam" messages.
- New leaders are needed:** So, why not share a favorite hike, walk or outdoor group activity with us. After listing your 1st activity in our printed schedule, we will also post them by Email to our members, at short notice. **Contact us before the last month of each schedule period, to be listed in our next printed schedule.** Leaders get free membership plus an invitation to our annual dinner. Use the [Contact Us](#) information at the end of this newsletter for Email, phone or mail replies.
- Volunteer editors, proofreaders and mailing helpers are needed.** (1) Mail helpers will help us fold and mail our newsletters 4 times year. Or you may be called only in case of absences.
Remember this all volunteer-club is run for your enjoyment and benefit. But help is needed! (2) Likewise, editors / proof readers will work with me to produce this Newsletter, four times a year, and must have an Email address to receive hike write-ups from me and be comfortable working with basic Word-Processing tasks and have a computer available for these tasks. Commitment can be simple or more involved.
(3) Because we have a very small staff, more than one of each type aide is needed.
For Information contact president, Victor Scelzo at: URBANTRAIL2000@YAHOO.COM. Refer to Contact information at the end of this newsletter.
- BEFORE YOU GO!** Use the leader's contact information at the end of each hike listing to check hike status and information. Also, re-check train & bus schedules and fare changes. (1) MTA Website is WWW.MTA.INFO. (2) LIRR info: 718-217-LIRR. (3) Call 511 for all travel information listed here and much more. (4) "The Map" is a printed map of NYC Subway, Metro-North, L.I.R.R. & New Jersey train routes. (5) NYC borough Bus-maps. Get these maps free of charge, at NYC subway fare booths. (For bus maps go to [subway](#) fare-booths in the borough you wish to travel).
- NY / NJ Trail Conference: NYC Trail Maintenance.** Bob Ward is looking for volunteers to maintain walking trails especially in Queens but also in the other boroughs. Required is the ability to perform light manual tasks in the outdoors, using light hand tools. Schedule at your own convenience. Contact him: 718-471-7036 until 9 pm or by email: NY.RobertWard@gmail.com Bob is the former President of the NY Hiking Club, and veteran trail-maintainer and hike leader.

☺ OUR P.O. BOX IS IN SERVICE AGAIN. ☺
SO, PLEASE SEND-IN MEMBERSHIP RENEWALS, NEW MEMBERSHIPS AND HIKE WRITE-UPS.
Same address as before; see the last page of this schedule
Your expiration date is on your mailing envelope.

Wed., Apr. 04 - **NEW YORK (BRONX) BOTANICAL GARDENS.** 2 miles at a slow but steady pace. Meet Leaders on the Southeast corner of Bedford Park Boulevard & Grand Concourse at 11:30 AM. We will take a bus to the Mosholu entrance to the gardens and walk along paved paths to view the magnificent collection of flowering Saucer Magnolia trees. You will learn the awful secret of the Bronx River and see the site where the "crime" was committed, as well as a structure that is a remnant of one of America's early industries. Bring lunch and beverage. Leaders: Bob Ward, (718-471-7036; Call after 8.00 pm but not on day of trip) and Ken King (631-592-1937). Joint hike with other clubs. Members Only.

Fri., Apr. 06 - **JOHN GOLDEN / CROCHERON PARK; CROSS ISLAND WALKING PATH, Bayside.** 5-6 miles. Moderate paced hike on paved trails. Lots of water views, some stairs, slight hills. Bring lunch and beverage. Directions: If by auto, Northern Blvd, or Cross Island Parkway, to Bell Blvd. turn onto 33rd Ave, drive a few blocks to end of street and gates to park. If using mass transit, # 7 train to Flushing, Main St. Then take Q13 bus, get off at 33rd Ave. Walk down 33rd Ave. to 215 Place and gates to park. Meet at field house at 10:30 AM. Leader: Kathy de Vos **718-423-4221; cell 646-661-0122.** Joint hike with other clubs. Non- members or Meet Up, \$3.

Sat., Apr. 07 - **MORNINGSIDE HEIGHTS TO WEST HARLEM.** About 4 miles in upper Manhattan, moderately paced, a few gentle ups & downs. Begins with a visit to Columbia's campus on Morningside Heights, followed by a lunch stop for dumplings or soup on our way to the new Manhattanville campus, where we'll visit the stunning Lenfest Center for the Arts & see an exhibition in the Wallach Gallery. After this stop, we'll continue along an architecturally interesting segment of Riverside Drive (including a side trip to Riverbank State Park & 2 sites memorializing the novelist Ralph Ellison). Our final destination: the 2018 Invitational Exhibition of Visual Arts at the American Academy of Arts & Letters (the 1st of 2 annual public exhibitions at this venue). This excursion ends at 155th St. & Broadway. Meet at 11 AM at the gate to the Columbia campus (116th St. & Broadway). Take the #1 train to 116th St./ Broadway" or the M104 bus from West 96th St. & Broadway to our meeting point. Bring water & snacks. Steady rain or snow/ice on the ground cancels. Joint with Outdoors Club. Leader: Devra Zetlan, **212-662-8922** or <devz@aol.com>. Non-members: \$3.

Thur., Apr.12 - **LOST BROOK PRESERVE.** We'll meet at the George Washington Bus Station by 10:30 AM (latest) to take the 10:40 am 9A bus to the Clinton Avenue stop. We'll walk around the Preserve, visit the Tenaflly Nature Center and return from the same stop back to the GWB station. \$6.25 round trip; less for seniors. The walk is mostly flat. Leader: Pat Belanoff, **212-568-2052** or email padaulton@gmail.com, but you must check to make sure hike is on. Call after Tuesday, but not after 9:30 PM. Joint Hike with Outdoors Club. Members only.

Sat., Apr. 14 - **ASTORIA RAMBLE.** About 6 miles in Queens, easy & steady, level terrain. We'll see various churches, a beer garden, Astoria Park with watery views, & a few interesting old houses, capped by a visit to the Welling Court area (a beehive of artistic activity with many colorful wall murals). We'll end up on Broadway, still in Astoria, and there's the possibility of an optional early dinner in a Greek or Cypriot restaurant. Meet at 12:45 PM at Starbucks (22-04 31st St.) at the corner of 31st St. & Ditmars Blvd. Take "N" or "W" train to the last stop, "Ditmars Boulevard." If the station is closed due to maintenance work (Note: a closing apparently is imminent), consult MTA Weekend Planner for a likely shuttle bus option along the route. Steady rain cancels. Joint walk with Outdoors Club. Leader: Devra Zetlan, **212-662-8922** or <devz@aol.com>. Non-members: \$3.

Sat., Apr.14 – **OLD CROTON AQUEDUCT, OSSINING TO HASTINGS-ON HUDSON.** 10- to 12 miles, at a moderate steady pace on flat terrain. Hike the new Sing-Sing Gorge Trail to the aqueduct past Scarborough, Tarrytown and Irvington through a tunnel underneath the aqueduct and out to Hastings. Many drop-out points. Bring lunch and water. Meet at Grand Central Terminal at 9:15 AM at the Information Booth. Leader: Ludwig Hendel, **929-471-7260.** You must call to confirm Friday evening April 13th only. Members only.

Sun., Apr.15 -**FOREST PARK and FOREST HILL GARDENS; including proposed Queensway Areas, old Dixie-Dew Horse Stables.** 6 to 7 miles, moderate pace. Paved surfaces, hiking trails, horse paths, through gently, sloping glacial-moraine terminus woodland. Lunch at Carousel /Greenhouse then continue to Strack Pond, High Hills, Golf Course - or Eddie's Ice Cream Parlor, depending on group. Bring water and lunch, and sturdy walking shoes. Rain cancels. Take the E, F, R or M train to 71st Ave-Forest Hills stop. **Meet 11:00 AM**, in front of Vitamin Shoppe on South West corner of 71st Ave. & Queens Blvd. (71st Ave is called Continental Ave. at the meeting location.) Exit at the front of train. Register during the week before the trip with the leader: Cheryl Heyman, at cfheyman@twc.com ; 347-749-1452 cell morning of hike. Non-member \$3.

Thurs., Apr. 19 - **WEEKDAY LONG ISLAND CITY, QUEENS.** About 3.5 miles, easy but steady. We'll start with a visit to the Self-Taught Genius Gallery, the LIC outpost of the American Folk-Art Museum (highlighting objects from its permanent collection). Then we'll stop by a couple of interesting buildings (the "Falchi," the Factory) where we'll purchase lunch from lobby food vendors. After lunch we'll head to the waterfront esplanade in Hunters Point, where we can enjoy panoramic views. This walk is limited to MEMBERS ONLY due to possible size constraints on a group visit to the Gallery, and **I will need participants to PRE-REGISTER (if I get a lot of responses & must set a limit, I will process responses in order of receipt).** Take Flushing-bound local #7 train & meet at 11 AM by the token booth in the "33rd-Rawson Street" station. Steady rain will cancel. You MUST contact Leader: Devra Zetlan, **212-662-8922** or <devz@aol.com>. Club members only.

Sat., Apr. 21 - **HISTORIC CHELSEA** (meets 11 am before lunch). 3- plus miles, city walk-easy pace. 19th century buildings, Chelsea Market (old Nabisco factory-restrooms and you can buy lunch there), notable houses of worship; Chelsea Pier. Nearby High Line, art galleries (optional on your own). Meet 11am, before lunch, at 14 St. and 8th Ave.; NW corner. A, C, or E train to 14 St. and 8th Ave. Call to confirm. Leader: Susan B., **718-275-7654**. Joint walk. Only members and their friends. No Meetup Group members. Non-members \$3

Fri., Apr. 27 - **FLUSHING MEADOW/ CORONA PARK**. 5.5 to 6.5 miles. Let's take a moderate paced hike in this large park that was once home to two World Fairs. Lots of history and things to see. Chance to visit to the Queens Museum after walk for those that would like to see the panorama of the city of NY, the Tiffany collection, and World's Fairs collectables, and ongoing exhibits. Fee: \$8 adults, \$4 seniors. Bring lunch, beverage. Meet at **10:30 AM** on the platform of Willets Point/ Mets, #7 train stop. Leader: Kathy de Vos, **718-424-4221**; cell **646-661-0122**. Joint hike with other clubs. Non-members \$3.

Sat., Apr. 28 - **RED HOOK, BROOKLYN**. About 4 miles, level, moderately paced. A quick walk down from Brooklyn Heights through its charming Willowtown area, then a bit of Brooklyn Bridge Park, after which we begin our leisurely walk to & through the distinctive cityscape of Red Hook, enjoying its watery vistas, industrial relics, art spaces, and other attractions. Take the #4 train to "Borough Hall" or "R" train to "Court Street," then proceed to Barnes & Noble at 106 Court St. (between Schermerhorn & State Streets). Restrooms available there on 2nd floor; we'll meet out front. Steady rain cancels. Optional early dinner in a Middle Eastern restaurant on Atlantic Avenue. Meet 1 PM (after lunch). Leader: Devra Zetlan, **212-662-8922** or <devz@aol.com>. Joint with Outdoors Club. Non-Members: \$3

Sun., Apr. 29 – **NORTHEAST BRONX**. 10 miles, moderate pace, mostly level. North on Hutchinson River Parkway Greenway; enter and explore Pelham Bay Park including Split Rock skirmish site; Bartow-Pell Mansion and Hunters Island. Finally, cross the new City Island bridge to City Island. Return by the Bx. 29 bus to subway. Bring lunch and water. Travel: take the #6 train to Middle Town Road station (in the Bronx). Meet by 7-Eleven store at 10:30 AM. MetroCard fares apply. Leader: Joel Pomerantz, **212-691-3844**. Call evenings before 10pm. Rain cancels. Joint hike with Outdoors Club. Nonmembers \$3.

Sun., Apr. 29 - **CHERRY BLOSSOM TIME IN BRANCH BROOK PARK, Newark N.J.** This park which has a very large collection of flowering cherry trees is the largest county-owned park in the United States. We will take New Jersey Transit and then Newark Light Rail trains. Meet Leaders at 10:45 AM in front of the Seventh Ave. side, Penn Station, New Jersey Transit windows. Bring lunch & beverage. Leader: Bob Ward, **718-471-7036**, (Call him after 8:00pm but not on day of trip) & Ken King, **631-592-1937**. Joint with other clubs. Members only.

Sat. May 05 – **BAYARD CUTTING ARBORETUM Long Island, RHODODENDRONS WALK**. 3 to 4 miles slow, easy, flat terrain. Take a leisurely walk around beautiful gardens, ponds and the Connetquot River in Bayard Arboretum and enjoy spectacular color of Rhododendrons, hopefully, in full bloom. Bring water. Optional lunch in Hidden Oak Cafe; rain cancels. From Penn Station take the 9:12 AM LIRR train to Great River (Transfer in Jamaica). Fare \$27.50 round trip / seniors \$19. Leader will meet group at Great River train station at 10:33 AM. Check <http://lirr42.mta.info/> for current train schedule (Return on 4:38 PM train). Leader: Quyen (Quinn) Pham, **631-234-5486**; on day of hike cell 631-521-5103; Email: qwpham@yahoo.com Non-member \$3.

Sat., May 05 – **SHEEPSHEAD BAY TO FLOYD BENNETT AIRFIELD**. A moderate paced 7-mile hike on flat terrain, via a combination of beaches and pathways. We will visit Hanger B displaying many vintage WW2 aircraft, some in stages of restoration. There will be access to some of the interiors of these aircraft. A continuation of this hike to Horseshoe Bay and beaches. A confluence of tides in this area with vintage bottles and glassware. Bring lunch and water. Meet 9:30 AM outside the Brooklyn Sheepshead Bay, Q / B train station (Sheepshead Bay Road exit). Leader: Marvin Malater, **718-376-3608**. Call for hike status and additional information. Non-members \$3.

Thur., May 10 - **BLYDENBURGH COUNTY PARK- Long Island**. 7 miles at a moderate pace, some ups and downs. Take the 9:15 AM train to Smithtown (change at Hicksville). Return will be from the same station. We'll walk around Blydenburgh Lake and view the ducks and turtles. Bring lunch and water and wear boots as the trail can be muddy in spots. Fare round trip: \$27/ \$19, seniors. Rain cancels. Leader: Pat Belanoff, **212-568-2052** or email padaulton@gmail.com, but you must check to make sure hike is on. Call after Tuesday, but not after 9:30 PM. Joint hike with Outdoors Club. Members only.

Sat., May 12 – **“JUNIPERLAND” IN QUEENS**. About 4.5 miles on mostly level terrain, easy but steady pace. So, there was once a "phantom village" in Queens? And what did the gangster Arnold Rothstein have to do with it? See the place & hear the story. Stroll through the verdant 55-acre Juniper Valley Park after walking through a commercial (and ethnic) section of Rego park. We may briefly visit St. John's Cemetery. This time we'll tackle all the streets of residential Rego Park Crescent & end up in Forest Hills, where I may find a suitable restaurant for an optional early dinner. Take the "R" train to "63rd Street-Rego Park" station. Meet at 12:45 PM (after lunch) at 63rd Dr. and Queens Blvd. in front of Rite-Aid (95-14 63rd Dr.). Steady rain cancels. Bring snacks & water. Joint with Outdoors Club. Leader: Devra Zetlan, **212-662-8922** or <devz@aol.com>. Non-members: \$3.

Sun., May 13 - **EAST RIVER WALK with optional walk to HALLET NATURE SANCTUARY**. 4 to 9 miles, northward along the East River path to 50th St. and along 1st Ave, walking on promenades and seeing the sights along the East River. We will enter the United Nations headquarters and learn about its mission and commitment to world peace and education. Bring your PHOTO ID. We may be able to stop at a well-known actress's private garden located at 42nd street. After lunch an optional walk to Hallett Nature Sanctuary in Central Park is possible. Meet 10:30AM at the Staten Island Ferry Terminal lobby, near the escalator, on the left side. Take the #1 train to South Ferry Station OR the # 4 or # 5 trains to BOWLING GREEN (then walk south). Bring lunch, water and snack. Dress according to the weather, prepare for rain. But heavy rain cancels walk. Call to confirm status, a day before the walk. NO CALLS AFTER 9:00PM. NO SLOW WALKERS, PLEASE!! Leader: Youn, **917- 670- 3845**. Members only. Joint walk with other clubs.

Sat., May 19 – **DUMBO TO BROOKLYN HEIGHTS PROMENADE (meets 1pm after lunch)**. 2-plus miles, city walk, easy pace. Arty community; famous bakery and chocolate store; waterside buildings and parks with fabulous views of Manhattan; famous carousel. Brooklyn Ice Cream Factory in Fulton Ferry district. Meet 1pm, after lunch. Take the "F" train to York and Jay Streets in Bklyn. And meet outside station. Call to confirm. Leader: Susan B.; **718-275-7654**. Joint walk; members, friends only. No Meetup Group members. Non-members \$3.

Sun. May 20 - **MORNINGSIDE HEIGHTS / HAMILTON HEIGHTS / WEST HARLEM**. 4 plus miles at a moderate steady pace with some ups & downs. Includes academia (main campus of Columbia as well as the City College of NY), Morningside Park, off-the-grid Manhattanville, Trinity Cemetery East (with greetings to Mayor Ed Koch & JJ Audubon). We'll also visit the 2nd annual public exhibition sponsored by the American Academy of Arts & Letters ("Exhibition of Works by Newly Elected Members & Recipients of Honors/Awards"). There'll be a loop back to 145th St. & Broadway, where the walk ends. We'll get to see some of the many Audubon bird murals in the area as we are walking about. There may also be an early dinner option at a local Japanese restaurant, but do bring lunch, snacks, & water. Meet at 11:30 AM at the gate to the Columbia campus (116th St. & Broadway). Take "1" train to "116th Street/Broadway" or the M104 bus from W.96th St. & Broadway to our meeting point. Steady rain cancels. Joint with Outdoor Club. Leader: Devra Zetlan, **212-662-8922** or devz@aol.com. Non-members: \$3.

Sun., May 20 - **JAMAICA BAY WILDLIFE SANCTUARY**. 3 miles at a steady pace with stops to look at the birds and other wildlife. Meet at 11:00 AM, outside turnstiles at the Broad Channel Station (take the Far Rockaway bound "A" train) or if driving meet in front of the visitor center at 11:30am. Bring lunch and water. Leader: Bob Ward, **718-471-7036**. Call one week in advance to register and confirm, after 8:00pm. Joint hike with other clubs. Members only.

Thur., May 24 - **ROCKLAND LAKE AND HAVERSTRAW**. About 7 miles at a moderate pace. Meet at the George Washington Bridge Bus Station by 10:30 AM at the latest to take the 10:40am 9A bus to Rockland Lake. We'll walk around the lake and then go down toward the river and take the river trail to Haverstraw. There we can get the 4:15 PM ferry to Ossining and then Metro-North back to the city. Mostly flat. Bring lunch and water; wear sturdy shoes. If we have time in Haverstraw, we'll walk about and see the modern sculptures. Bus \$10.20 / less for seniors; ferry \$3.15; train \$2.50, less for seniors. Rain cancels. Leader: Pat Belanoff; call after Tuesday **212-568-2052** or email padaulton@gmail.com up to 10:00 AM the morning of the hike, but no calls after 9:30 PM, please. Joint hike with Outdoors Club. Members only.

Sat., May 26 - **ALLEY POND PARK**. 5.5 to 6.5 miles at a moderate pace. Hilly terrain, some paved trails, others wood chips. Meet at 10:30 AM at the park field office. Bring water and lunch. Trail shoes recommended. Directions: Car, Union Tpke. turn onto Winchester Blvd, large parking lot on left. Transit: E or F train to Kew Gardens/Union Tpke. Take Q46 bus to Winchester Blvd and walk short distance to park entrance. If bad weather call leader to confirm. Leader: Kathy de Vos, **718-423-4221, cell 646-661-0122**. joint hike with other clubs. Non-members or Meet Up \$3.

Sun., May 27 - **BROOKLYN BRIDGE PARK TO CHINATOWN**. Moderate pace about 8-9 miles on paved streets. Start walking from York & Jay streets in Brooklyn, viewing a variety of public art exhibits, sculptures and murals on the way to Atlantic and Flatbush Ave., visiting Middle Eastern stores for pastries and dried fruit. We'll explore new and renovated walking paths in the Brooklyn park with its newly planted flowers and bushes. The final phase of our walk will include walking over the "swing bridge" through DUMBO and then the Brooklyn Bridge. Optional after lunch snacks at a Chinese café. Meet at 10:30 AM on the corner of YORK & JAY street in Bklyn. Take the "F" train to York Street. Bring lunch, water and snacks. Heavy rain or storm cancels the walk. Call to confirm status a day before the walk up to 9:00 PM. NO CALLS AFTER 9:00 PM. Leader: Youn, **917- 670 -3845**. Joint walks with other clubs. MEMBERS ONLY.

Sun., May 27- **VAN CORTLANDT PARK / OLD CROTON AQUEDUCT, Bronx**. 4 or 5 miles, at a moderate pace. Level with some ups and downs and stops. Wear sturdy walking shoes, after rain trail may have wet spots. We will walk north on the Putnam Trail and return via the Old Croton Aqueduct Trail. Please bring food and water, if you need. History, birds, botany, and beauty may be anticipated. End with (optional) food and cocktails at the historic golf house. MEET AT EITHER OF TWO MEETING POINTS. BOTH AT 11AM: Either take the #1 train to the last stop in the Bronx (Broadway and 242nd) and exit on the park side of the station, to meet leader downstairs. OR if coming by car, use the first parking lot (on the left is free), just before Van Cortlandt Golf House, where the other leader will meet you. Co-Leaders are: David Bernstein, **text: 347-224 - 7376** or email: islay6@gmail.com. and Aqueduct Historian, Sara Kelsey, **646- 303 - 1448** or email: saraakelsey@gmail.com. Joint hike with Friends of the Old Croton Aqueduct. Non-members \$3.

Sat., Jun. 02 – **BATT-BEAR TRAIL, STATELINE TO PIERMONT, NY**. About 6 miles on relatively flat terrain on Long Path trails, at a moderate pace. Some small hills with one possible steeper descent. This hike journeys through enclosed woods from the Lamont Doherty Earth Observatory into Tallman Mountain and enters Piermont. Here we will follow a partial land bridge on the Hudson River to a pier lookout. An optional beer and pizza at Piermont prior to return. Bring lunch and water. A hiking pole would be helpful, if you wish. Meet P.A.B.T, north wing, at 8:45 AM by the white Commuter Statues at the center of the ticketing booths. Bus departs at 9:15 am (Bus 9A, gate 220) arriving at Stateline at 10:03am. One-way tickets purchased on the bus to Stateline / Lamont Doherty Observatory / Alpine. Leader: Marvin Malater, **718-376-3608**. Call for status or additional questions. Non-members \$3.

This hike is repeated June 17th

Sun., Jun. 03 - **SCENIC FIRE ISLAND TOUR, Long Island**. 7 miles at a little slow, leisurely pace. Visit Cherry Grove, Sunken Forest, Ocean Beach and AMC House at Atlantique. Take LIIR train at 9:45AM (check train schedule or with leader) from Penn Station arriving at 10:09 AM in Sayville Station. Then taxi to ferry then to Cherry Grove. Costs: \$16 for ferries plus Long Island Railroad fare. To visit AMC house additional fee \$7 and register in advance as space limited at fbamberger@nyc.rr.com or **718-457-5159**. Do not buy LIRR day trip package as we are using two separate ferry lines. We return to Bayshore from Ocean Beach or Atlantique. Drivers take 9:52 am train to Sayville and buy ticket at machine on NYC bound platform. Seniors can buy ticket on train without penalty. Please do NOT park at Sayville as we are making around trip ending at Bayshore. Leader: Frank Bamberger, **718-457-5159** or fbamberger@nyc.rr.com.

Sat., Jun. 09 - **NIGHT HIKE**. About 8 miles. We will do a night hike on the Osborne Loop at a slow pace (you can't walk fast in the dark) and treat this hike like a day hike in the dark but with frequent stops and rests. This is an easy old road in the park. In morning we will go into town to have breakfast at a diner, then go back the same way we came, take train and sleep at home. If not sure what to bring, Email at NYhiker50@verizon.net for information. Do Not forget flashlights and batteries. This will be an enjoyable night in the woods for those who can overcome their fear of the dark. I have done this many times before and it is very enjoyable. Start Emailing me any time before the hike for details (Maybe we will meet for the 7:30 train). Leader: Mike Puder. Joint hike with other clubs, but Club Members Only.

Call one week in advance to confirm.

Sun., Jun. 10 - **ROCKAWAY BOARDWALK**. 4 miles at a slow but steady pace. Meet leaders on the northwest corner of Beach 20 Street & Seagirt Boulevard, Far Rockaway at 11:30 AM. Take a Far Rockaway bound "A" train to the last stop, Mott Avenue. Then walk one block and take the Q-22 bus at Beach 21 Street and get off at Seagirt Boulevard. We will walk along the boardwalk to 108 Street, walk across the peninsula and take the Rockaway Ferry back to Manhattan. Leaders: Bob Ward **718-471-7036**. Call after 8:00 pm one week in advance to confirm & Ken King **631-592-1937**. Bring lunch and water. Joint with other clubs. Members only.

Sat., Jun.16- **LENAPE TRAIL, UPPER MONTCLAIR TO NEWARK**. 10 to 12 miles, at a moderate steady pace, on flat terrain. Hike this suburban trail through the spectacular Presby Iris Garden, Brookdale Park, Yanticaw Park, Belleville Park and Branch Brook Park (Cherry blossoms). Many drop-out points. Bring lunch and water. Meet 9 AM at the Port Authority Bus Terminal, near the white Commuter Statues. Leader: Ludwig Hendel. **929-471-7260**. You must call to confirm Friday evening June 15th only. Members only.

Sat. Jun. 16 - **CITY ISLAND, Bronx.** (meets 11am, before lunch- bring liquids). 2 or 3 miles, city walk, easy pace. Buildings of interest on this quaint tiny sea-surrounded island with short streets. Guess what the main food attraction is here? Fish dinners and fast food. Lunch at end of main drag; buy or bring your own. Bus runs both ways on main drag. Meet indoors at subway turnstile at Pelham Bay Park stop of #6 train (last stop in the Bronx), at 11 AM. Allow time for restroom (at subway stop or nearby street). Then we board bus Bx29 City Island and get off first stop City Island. Leader: Susan B., **718-275-7654**. Call to confirm. Joint walk; members and their friends only; No Meetup Group members. Non-members \$3.

Sat., Jun.16 – **BRONX AQUEDUCT, HIGH BRIDGE, MORRIS-JUMEL AND SYLVAN TERRACE.** 6 to 7 miles with a few hills, at a moderate pace. We will walk the Bronx section of the Aqueduct then go to High Bridge. We also pass the Morris-Jumel Mansion and Sylvan Terrace. Bring lunch and water. Leader: Lenny Morgenstern, call **917-842-9490**, (you may call any time 24/7, starting Wednesday for meeting time and place.) Non-members \$3.

Sun., Jun.17 - **SCENIC FIRE ISLAND TOUR, Long Island.** 7 miles at a little slow, leisurely pace. Visit Cherry Grove, Sunken Forest, Ocean Beach and AMC House at Atlantique. Take LIIR train at 9:45AM (check train schedule or with leader) from Penn Station arriving at 10:09 AM in Sayville Station. Then taxi to ferry then to Cherry Grove. Costs: \$16 for ferries plus Long Island Railroad fare. To visit AMC house additional fee \$7 and register in advance as space limited at fbamberger@nyc.rr.com or **718-457-5159**. Do not buy LIRR day trip package as we are using two separate ferry lines. We return to Bayshore from Ocean Beach or Atlantique. Drivers take 9:52 am train to Sayville and buy ticket at machine on NYC bound platform. Seniors can buy ticket on train without penalty. Please do NOT park at Sayville as we are making around trip ending at Bayshore. Leader: Frank Bamberger, **718-457-5159** or fbamberg er@nyc.rr.com.

Thur., Jun 21- **RONKONKOMA TO BAYARD CUTTING ARBORETUM: on the Long Island Green Belt.** 8 miles at a moderate pace. Terrain is almost all flat, but boots are best because the trail can be muddy in places. We'll walk through Connetquot State Park, look at the fish hatcheries there, and end up at Bayard Cutting Arboretum where we can get tea/coffee. Meet at Penn Station/34th St. in the LIRR ticketing area, at the latest 9A.M. to take the 9:14 a.m. train to Ronkonkoma: arriving at Ronkonkoma 10:37 (check schedule for any changes). Return from the Great River LIRR station. Fare round trip: \$27.50 / \$19 seniors. Rain cancels. Leader: Pat Belanoff, **212- 568- 2052** or email padaulton@gmail.com. Call after Tuesday, but no calls after 9:30 PM. Joint hike with Outdoors Club. Members only.

Sun., Jun. 24 - **FAR ROCKAWAY.** Easy 5 to 6 miles with drop-out points. Meet 11:30 AM at the "A" subway train stop at Mott Ave. (last stop). Make sure you take the train bound for Far Rockaway. We walk to the beach, about 20 minutes. Some boardwalk walking. Return to same spot. Bring lunch and water *and your bathing suit*. Free parking available. Meet at downstairs meeting room. Leader: John Socolick, 516-359-1592, (serious inquiries only by phone). Emails preferred at Finch1149@gmail.com. Rain cancels. Non-members \$3.

Sun., Jun. 24 - **BEAR MOUNTAIN.** 3 miles at a slow, steady pace. We will go by bus so meet leader at 10:45 AM near the information booth in the north building, Port Authority Bus terminal. We will walk around Hessian Lake and learn what use New York State planned for this area. Bring lunch & water, plus a snack to eat on the bus on a late return. Leader: Bob Ward, **718-471-7036**. You must call to confirm hike status, after 8:00pm, but not on day of trip. Joint with other clubs. Members only.

Sun., Jun. 24 – **ROCHELLE PARK, SADDLE BROOK, New Jersey.** 5 to 10 miles. Join us for a walk through Rochelle Park, a park for all seasons; full of a variety of mature and younger shade trees and shrubbery. This delightful park is a rail-to -trail (saddle River Trail) and is bisected by a lake. There is a chance to see woodchucks, rabbits and a variety of shore-birds. Just a little over 30-mins. bus ride from Port Authority (42nd Street), Rochelle Park connects to Grove Street Park which we may walk through, depending on the weather. Bring lunch and drinks. Optional stop at local diner afterward. Meet at Port Authority, 42nd street, South Wing, by the white Commuter Statues, (by the NJ Transit ticket window area near the statues) to take the #164 bus. Leader: Mike Puder. Email: nyhiker50@verizon.net, for meeting time. Members only.

..... **CONTACT US**

**Please send your membership renewal of \$10 one year / \$18 two years to:
The Urban Trail Conference Inc - P.O. Box 264 - Bronx NY- 10463-0264
(New members only: your first-year membership is \$7)
Make check payable to The Urban Trail Conference Inc.**

☞ Your membership renewal date can be found on the mailing label of your envelope. ☞
☞ Non-members pay one-day dues \$3. Members do not pay fee. ☞

FOR SCHEDULES AND CLUB INFORMATION:

✉ Email: urbantrail2000@yahoo.com ✉ [Web Site: www.urbantrail.org](http://www.urbantrail.org) ☎ 718-652-9075 (before 9 p.m.) ☎ or write to the above P.O. Box address.