



NEWSLETTER & SCHEDULE OF ACTIVITIES (244)

July/August/September 2017

I understand that I participate in today's outing entirely at my own risk. The volunteer leader will try to make the event enjoyable, informative and safe, but neither The Urban Trail Conference Inc. nor its officers and leaders can be held responsible for accident or injury. The leader may reject from the outing anyone whose preparation or conduct is inappropriate. I will comply with all applicable laws.

! Per hike dues are \$3 for non-members -- members pay no fee. First year membership is \$7 – see contact info at end of this schedule to join.

Announcements

- Membership:** Check your mailing envelopes for expiration dates and send dues as required. First year membership only \$7. Thereafter, membership dues are \$10 for 1 year, \$18 for 2 years (a great gift idea). See contact information at the end of this schedule.
- Extra Hikes via the Internet** In addition to our printed schedule, many leaders give unscheduled "extra-hikes" via the internet. To receive notification of them, share your Email address with us, and please keep your membership dues current. Email: URBANTRAIL2000@YAHOO.COM. If you have been receiving hike messages from us, we already have your Email address, SO DO NOT RESEND. Also, check your "Spam" messages. *Members only will be listed.*
- New leaders are needed:** **Contact us before the last month of this schedule to be listed in our next printed schedule.** So, why not share a favorite hike, walk or outdoor group activity with us. After listing your 1st activity in our printed schedule, we will also post them by Email to our members, with only a week's notice. Leaders get free membership plus an invitation to our annual dinner. Use the [Contact Us](#) information at the end of this newsletter for Email, phone or mail replies.
- I Need Help Proof-Reading and Editing This Newsletter.** Fear not! An Editor(s) will work along with me produce this Newsletter four times per year and must have an Email address to receive hike write-ups; be comfortable working with basic Word-Processing tasks and have a computer available. Your commitment can be simple or more involved; It's your choice! For more information, please contact, President, Victor Scelzo at: URBANTRAIL2000@YAHOO.COM. Also refer to Contact Information at the end of this newsletter.
- BEFORE YOU GO:** Use leader contact information at the end of each hike listing for hike status and information. Also, re-check train/bus fares and schedules for changes. The MTA Website is WWW.MTA.INFO. Also, "The Map" (available at subway fare-booths) lists NYC Subway, Metro North, L.I.R.R and Jersey train routes; this along with NYC borough Bus-maps are available, free of charge at NYC subway fare booths.
- Trail Maintenance in Queens, N.Y** Bob Ward is looking for volunteers to maintain walking trails in Queens. Required is the ability to perform light manual tasks in the outdoors, using light hand tools. Schedule at your own convenience. Contact him: 718-471-7036 by 9-pm or by email: NY.RobertWard@gmail.com Bob is the former President of the NY Hiking Club and long-time trail-maintainer and hike leader.

SCHEDULE OF ACTIVITIES FOLLOWS:

Sat., Jul. 01 - **FORT TRYON PARK, WITH A VISIT TO THE CLOISTERS.** About one mile at a very leisurely pace -- not moderate! (if walking at a slow pace drives you crazy PLEASE DON'T COME!). Take the "A" train to 190 St. and then the elevator up to Fort Washington Ave. -- or take the #4 bus directly to 190 St. and Fort Washington Ave. Meet 11 AM at the benches just outside the entrance to Fort Tryon Park. We'll go through Linden Terrace (the highest point in Fort Tryon Park and the second highest natural elevation in Manhattan, with great views of the Hudson and the city). After lunch (bring lunch and beverage or buy it in the Cloister cafe) we'll visit the Cloisters (restrooms) where we can take a look at the famous Unicorn Tapestries -- and anything else people might want to see. Admission is pay what you wish (\$1 is fine). Please email or call me to make sure that the walk is on, and if you have any questions. Leader: Bob Susser, **212-666-4371**, email: rsusser@aol.com. Joint hike.

Sat., Jul. 01 - **FREE Fireworks and concert @ Eisenhower Park, Long Island, 4:45 PM.** We will meet at the corner of Hempstead Turnpike and East Meadow Ave. at the light to cross Hempstead Tpk. into the park. There is a huge parking lot (on the other side of the office building), and plenty of places to buy dinner in the parking area. The walk is only about 1 mile; the road is roped off and safe to walk. (Driving in is terrible, and driving out is just as bad. Walking is much faster and way more pleasant-- and besides we are a walking group!). YOU NEED TO GET A FREE TICKET FROM ANY TD- BANK IN NASSAU, L.I. We are meeting at this time so that we can be at the gate when it opens, or soon after, and find room at my favorite spot. While the concert doesn't start when the gates open, they do close the field when they decide it is too crowded. They stamp your hand so you can leave the concert area. Last year we watched a free high wire act, and took a walk around the park. **I will not hear my phone when the music starts. -- Home 516-931-2073, before the event, (or cell after 4pm -- emergency only 516-503--3069).** If you want to attempt to find us, we will be under the trees on the west side of the field. Bring a jacket, your dinner and a chair or blanket to sit on. I never had to spray but you may want to bring insect repellent. Leader: Joanne Tow

Sun., Jul. 02 - **FAR ROCKAWAY.** Easy 5 to 6 miles with drop-out points. Meet 11:30 AM at the "A" subway train stop at Mott Ave. for walk to the beach about 20 minutes. Some boardwalk walking. Return to same spot. Bring lunch and water *and your bathing suit.* Free parking available. Meet at downstairs meeting room. Leader: John Socolick, 516-359-1592, (serious inquiries only by phone). Emails preferred at Finch1149@gmail.com. Rain cancels. Joint with outdoors club. Non-members \$3

Thurs, Jul. 06 **LAMONT OBSERVATORY TO NYACK.** 7 miles at a moderate pace. We'll meet by 10:30 AM to take the 10:40 9A bus from the George Washington Bus Station. Return will be by bus from Nyack with an early out at Piermont. Mostly flat, but we'll be on woods trails where boots are best. We'll walk through the woods, through Piermont, and onto the Rail Trail to Nyack. Fare \$9.50 one way, less for seniors. Bring lunch and water. Rain cancels. Leader: Pat Belanoff, **212-568- 2052** or email padaulton@gmail.com. Call after Tuesday; no calls after 9:30 PM. You must, however, call to make sure hike is on. Joint hike with Outdoors Club. Members only.

Sat., Jul. 08 - **BATT-BEAR TRAIL; OAKTREE ROAD TO NYACK-** 7 miles, at a moderate, steady pace. Hike on the Long Path extending through Tallman Mountain and the Old Erie R.R. bed. One steeper descent en route to an optional dinner in Nyack. Return by nearby bus stop. Bring lunch and water. Meet at the Port Authority Bus Terminal South Wing by the white Commuter Statues before 8:45 AM. Bus departs at 9:15am - bus 9A Gate 220 (or at 9:40am from the GW Bridge Bus Terminal). Leader: Marvin Malater, **718-376-3608.** You must call for hike status or information. Joint hike. Nonmembers \$3.

Sat. Jul. 08 - **BRONX RIVER GREENWAY.** 6-7 miles at moderate pace. We will walk along the Bronx River Greenway northward. The trail begins from Bronxville, then walk along the Bronx River to Scarsdale. On return, we take Metro North Train back to city. Take #2 train to 233 St. Meet at 11:00 A.M. near the ticket window. we will take Bee bus 52 to Bronxville. Bring lunch and water. Call Leader: Peter Chang at **718- 397-5538** on Friday evening to confirm the hike status. Non-member \$3.

Sun., Jul. 09 - **SCENIC FIRE ISLAND TOUR.** 6 miles. Pace is leisurely and sand may be soft. Visit the Pines, Cherry Grove, Sunken Forest, and AMC a round trip ending in Bayshore Camp at Atlantique for lemonade and swimming. Take Long Island Rail Road, 9:45 AM train (check schedule) from Penn Station arriving at 10:09 AM in Sayville, L.I. Then we will taxi to ferry for the Pines. Cost \$5 admission to house, \$16 for ferries plus LIRR. (*Do not buy LIRR day trip package as we take two separate ferry companies*). We return by ferry to Bayshore L.I. for return to NYC by LIRR. Drivers park at Bayshore station and buy ticket for Sayville at machines on NYC bound platform then take the 9:52 train to Sayville. Seniors can buy ticket on the train, without penalty. Please do NOT park at Sayville because we are a making a round trip ending in Bayshore. Leader: Frank Bamberger, **718- 457- 5159;** fbamberger@nyc.rr.com. Nonmembers \$3.

Sun., Jul. 09 - **HUDSON RIVER NORTH (in Reverse).** We will be utilizing a slow but steady pace. After a short detour to visit Manhattan's highest natural point, we will walk along the Hudson River, walking south to about 116th Street. Take "A" train to 181st St. Meet on the northwest corner of 181 St. & Fort Washington Ave. at 12 Noon. Leaders: Ken King, (**631-592-1937**) nhochike@optonline.net and Bob Ward, (**718-471-7036** call after 8:00pm but not on morning of the trip). Bring lunch & water. Members only on walk. Joint with other clubs.

Sat., Jul.15 - **BOWLING GREEN, WALL ST., SO. ST. SEAPORT.** 2 miles, city walk. Meet 11AM, before lunch. See Bowling Green, the Bull and the Girl, Trinity Church and graveyard, Wall St., and onward to South Street Seaport. Historic area remnants, changes in area. Bring lunch or eat locally. Meet outside the Bowling Green subway stop in front of the Museum of American Indian. Take the #4, #5 trains to meeting place (or #1, #R to South Ferry and walk 2 blocks to Bowling Green). Restrooms free at Museum. Take Sunhat and sufficient water. Leader: Susan B. **718-275-7654.** Call to confirm hike status. Joint walk; members and friends only. NO "MEETUP" group members. Nonmembers \$3.

Sun., Jul. 16 - **LIBERTY PARK: Jersey City, NJ.** 9 miles, moderate pace. Enjoy a day at Liberty Park with its breathtaking views of NYC. A real treat. Dinner at a diner either inside or outside the park afterwards. Dress for the sun. Possible late return. Meet at turnstiles at 32nd St. & 6th Ave. Path Station for train to Grove Street. Fare \$2.75 each way. Leader: Mike Puder. You can E-mail me at nyhiker50@verizon.net (beginning Wednesday eve, the week of the hike, up to the afternoon the day before the walk) for MEETING TIME, hike status and details. Members only.

Sat., Jul. 22 - **WESTSIDE RIVER WALK TO STATEN ISLAND FERRY STATION.** About 10 miles at a moderate pace mostly on paved streets. Starting from Riverside Park and walking along the path to the waterfront, we will walk on the promenades. We will reach the High Line, the elevated 1930's freight rail track which has been transformed into a wild wonderland of city wilderness. We will walk Westside esplanades to view HUDSON RIVER PARK and PIERS: 46; 45 and 26. as well as viewing Marina boat basin. Many well-known sculptures are assembled, (Thanks to the leadership the Governor Mario M. Cuomo). Many historical monumental artifacts: Universal Soldier, the Sphere & Living Memorial to the Holocaust will be a profound and unforgettable experience. Meet 10:00 A.M. at 72nd street & Broadway, at Trader Joe's lobby. Take #1, 2, 3 trains. Heavy rain or bad weather conditions cancels. Call for walk status a day before walk, no later than 9:30 P.M. Please, no FLIP -FLOP FOOT WEAR on walk, and NO SLOW WALKERS. Bring Lunch, water and Snacks. An optional late post-lunch snack is a possibility. Leader: YOUN; call for hike status: **917-670-3845**. Members only! Joint walk.

Sun., Jul. 23- **RIVERSIDE PARK.** A stroll of around a mile in Riverside Park and along the Hudson at a very slow pace -- not moderate! (if walking at a slow pace drives you crazy, PLEASE DON'T COME!) followed by lunch at the Boat Basin Cafe (where we'll get a table on the terrace, overlooking Riverside Park and the Hudson). Riverside Park is widely regarded as Manhattan's most spectacular waterfront park, and one of only eight officially designated scenic landmarks in NYC. Meet 11 AM on the benches or stone seats on the north side of the Broadway and 96th St. subway station (# 1, 2, or 3 trains). Call or email to make sure that the walk is on, especially if the forecast calls for inclement weather. Also, feel free to email or call if you have any questions. Leader: Bob Susser, rsusser@aol.com, **212-666-4371**. Joint hike

Sun., Jul. 30 - **BAYARD ARBORETUM - FREE CONCERT WALK.** 3 – 4 miles slow, easy, flat. Take a leisurely walk around the beautiful gardens, ponds and the Connetquot River in Bayard Arboretum, followed by a free outdoor concert. Featuring Mary Lamont one of the very finest female vocalists in country music today. Bring water, bring or buy lunch in the Café; rain cancels. From Penn Station take the 9:12 AM LIRR train to Great River (Transfer in Jamaica). Fare \$26.50 round trip/seniors \$18. Leader will meet group at Great River train station at 10:33 AM. Check <http://lirr42.mta.info/> for current train schedule (Return on 4:38 PM train). Leader: Quyen (Quinn) Pham **631-234-5486**; Email: qwpham@yahoo.com. Nonmembers \$3.

Sun., Jul. 30 - **ROOSEVELT ISLAND.** We will be utilizing a slow but steady pace. We will follow the 5-mile perimeter of the island. We will take the tram and return via subway. Meet at 12 Noon in the food court, in the basement of the Citicorp Building, (601 Lexington Ave.) at 53rd Street. between Lexington and Third Ave. Bring lunch & water. No go in rain or if temperature is at or above 90 degrees F. Leaders: Ken King, (**631-592-1937**), nhochike@optonline.net and Bob Ward; (Call Bob, **718-471-7036** after 8:00pm but not on day of the trip). Members only on walk. Joint with other clubs

Sat., Aug.05 – **SHOREROAD, OWLS HEAD PARK & DUMPLINGS.** 4.5-mile hike, mostly flat terrain, at a moderate pace along the East River's Shore road in Brooklyn. Meet 11 AM at the Brooklyn 96th St. "R" subway station (downstairs at 96th St. and 4th Ave., north-west corner). Description: Following Shoreroad to Owl's Head Park, we continue to 48th St. in the Sunset Park section for an optional late lunch / early dinner. Here, a course of tasty dumplings, at reasonable cost. Bring snacks food and water. Leader: Marvin Malater, **718-376-3608**. Call for hike status or information. Joint hike. Nonmembers \$3.

Sat., Aug.05 - **FOREST PARK.** 5 miles at moderate pace. We will walk around the park by following the orange trail. Then continue walk along Austin St. to the subway station, where you can take E, F, or R train back to the City. Take E or F Train to Kew Garden station, meet 11 AM near the token booth. Bring lunch and water. Leader: Peter Chang, **718-397-5538**. Call on Friday evening for hiking status. Non-member \$3.

Sun., Aug. 06 - **GOVERNOR'S ISLAND.** 3 miles at a slow steady pace. We will spend the day by walking through the historic part of the island and so, there should be plenty of shade. Take #1 train to South Ferry, or "R" train to White Hall St. / South Ferry. Meet Leader: Bob Ward at 11:00 AM in front of the entrance to the Governor's Island ferry terminal. Bring lunch & plenty of water. Call for hike status, **718-471-7036** after 8:00pm and not on morning of walk. Members only on walk. Joint walk with other clubs.

Sun., Aug.06 - **BROOKLYN BRIDGE PARK TO CHINATOWN.** About 5 to 8 miles at a brisk & steady pace, mostly on paved streets. Start walking from York St. and Jay Street in Brooklyn, then to Adams & Plymouth St. to view public art exhibition displaced under the Brooklyn Bridge; and heading for Myrtle Ave for another public art exhibition, showing various sculptures in the park. Then we walk to Atlantic & Flatbush Ave. for Middle Eastern stores to taste their products. We will continuously walk to the East River in Brooklyn to see the Brooklyn Bridge Park & Pier-6 for free ferry-service to the Governors Island (from Memorial Day thru Labor Day, 11:00am-5:00pm). We also walk through the Swing Bridge to reach Dumbo, possibly tastes a free sample of a hot / cold chocolate drink. Finally, we will walk over the Brooklyn Bridge to have an optional post-lunch snacks at a Chinese café/restaurant in Chinatown. Meet 10:30 AM on the corner of York & Jay streets in Brooklyn. Take "F" train to York street. MetroCard fares apply. Bring lunch and water. Dress according to the weather. Heavy rain /storm cancels the walk. Please, NO FLIP-FLOP FOOTWEAR and NO SLOW WALKERS. Leader: Youn: **917-670-3845**. Call for the walk status on the week of the walk (No calls after 9:30pm). Members only.

Sat., Aug.12 – **RIVERDALE AND FIELDSTON STROLL, Bronx.** 3 easy miles See where the serfs live better than you do. Private property all within the Bronx. Meet at the Northeast corner of Broadway and 207th Street at 1:30 PM. MetroCard fare required. Leader: Mayer Wiesen, **516-671- 2095**. Call till 10:30 pm, to confirm hike status and for information. Joint hike with Outdoors Club and Shorewalkers

Sat., Aug. 12 - **SUNNYSIDE, ASTORIA, SCULPTURE GARDEN**. Meet 1pm, after lunch. 2.5 to 3 miles, city walk. Historic housing development of Sunnyside Gardens; Astoria Movie Studios; Socrates Sculpture Garden; pass Isamu Noguchi Museum (optional). Meet 1pm in front of Dunkin Donuts on Queens Blvd. between 45-46 St.; #7 line to 46St. and Queens. Blvd., north-side. We may eat supper at a local place later if time appropriate. Bring Sunhat, sufficient liquids. Leader- Susan B. **718-275-7654**; call to confirm. Joint walk; members and friends only. "NO MEETUP" group members. Nonmembers \$3.

Sat., Aug. 12 - **TRENTON CIRCULAR, N.J.** 7 miles, moderate pace on flat terrain. From Trenton Station. N.J. proceed across historic downtown Trenton, then the Delaware & Raritan Canal to Fredrick Law Olmsted's (of Central Park fame) Cadwalader Park. Return to the station on the canal, the abandoned Del-Bel Railroad passing the Battle Monument. Bring lunch and water. Meet 8:55 AM at N.Y. Penn Station near the New Jersey Transit ticket windows to take the 9:14 am train. Arrive early enough to buy tickets and use rest rooms if needed. Cost: \$33.50 regular fare / \$15.30 seniors. Leader: Joel Pomerantz, **212- 691-3844**, eves before 10 pm. Rain cancels. Non-members \$3

Sun., Aug. 13 - **CENTRAL PARK TREE IDENTIFICATION WALK (NORTHERN PART)**. A relaxed stroll to identify some of the approximately 140 species of trees in Central Park, as described in the book "New York City Trees" by Ned Barnard. Both tree experts (whose assistance will be much appreciated) and complete beginners are cordially welcome. This walk will necessarily proceed at a snail's pace, with many stops to look at trees. Meet 11 AM inside the Dana Discovery Center (bathrooms!), a short distance east inside the entrance to the park at 110 St. and Lenox Ave. Email or call me to make sure that the walk is on, especially if it looks like it might rain. We'll have lunch underneath the wisteria at the pergola in the Conservatory Garden, so bring lunch and beverage. Leader: Bob Susser, rsusser@aol.com, **212-666-4371**

Wed., Aug. 16 - **FIRE ISLAND LIGHTHOUSE CIRCULAR and swim**. 5 to 6 miles, flat terrain at a moderate pace. Hike and swim on Fire Island, visiting the lighthouse and chance to climb the tower. Bring lunch and water and swimsuit. Meet at Penn Station, Long Island Rail Road ticket counters. We'll take train to Babylon and then bus to beach. You must call for meeting time only on Tues eve Aug. 15th. Leader: Ludwig Hendel, **646-853-3974** cell.

Thurs., Aug. 17- **ROCKLAND LAKE AND HAVERSTRAW**. About 7 miles at a moderate pace. Meet at the George Washington Bus Station by 10:30 AM at the latest, to take the 10:40 9A bus to Rockland Lake. We'll walk around the lake and then go down toward the river and take the river trail to Haverstraw. There we can get the 4:15 pm ferry to Ossining and then Metro-North back to the city. Mostly flat. Bring lunch and water; wear sturdy shoes. If we have time in Haverstraw, we'll walk about and see the modern sculptures. Bus \$10.20 (less for seniors); ferry \$3.15 (less for seniors); train \$2.50 (less for seniors). Rain cancels. Leader: Pat Belanoff; You must call to confirm hike status, after Tuesday **212-568-2052** or email padaulton@gmail.com. Call up to 10:00am the morning of the hike, but no calls nights after 9:30 PM please. Joint hike with Outdoors Club. Members only.

Sat., Aug. 19 - **TALLMAN MOUNTAIN STATE PARK TO NYACK**. 8 miles. A delightful day awaits us here. We will walk in the park on the bike path. Then, on to the Long Path and the pier in Piermont with a brief stop in ice cream parlor there. Spectacular views of the Hudson River and the Tappan-Zee Bridge. Then we continue on the shady and very pleasant Long Path to Nyack. Bring water, snacks, and sunscreen. **Late return.** Meet at 42nd St. Port Authority Bus Terminal, South Wing, at the white statue of the commuters, near ticket windows on the main floor. Purchase one-way ticket on bus to Palisades Oak Tree Road; return ticket can be purchased on bus in Nyack. Start E-mailing any time before the hike for MEETING TIME and information. Leader: Mike Puder. E-mail me at nyhiker50@verizon.net for additional details. Joint hike with other clubs. Members only.

Sun., Aug. 20 - **CENTRAL PARK TREE IDENTIFICATION WALK (SOUTHERN PART)**. Relaxed stroll partly along the southern Central Park "tree trail" described in the book "New York City Trees" by Ned Barnard, passing through the Mall, with its row of large shady elms, and ending at the Boathouse around 1pm for lunch. Both tree experts (whose assistance will be much appreciated) as well as complete beginners are cordially welcome. Of course, it should be anticipated that the walk will proceed at a snail's pace, with many stops to look at and identify trees. Meet 11 AM at the tables in "Whole Foods" -- down the escalator inside the entrance of the Time-Warner building on 59th & Broadway. Email or call me to make sure that the walk is on, especially if it looks like it might rain. Leader: Bob Susser, **212- 666-4371**; rsusser@aol.com

Sun., Aug. 27 - **BATTLE OF BROOKLYN OBSERVANCE**. at 10:30 a.m. Meet leader Eric Wollman for the Green-Wood Cemetery's Battle of Brooklyn observance and Re Enactment. Fought in 1776 on land that is now a part of Green-Wood, was the first battle of the American Revolution to be waged after the signing of the Declaration of Independence. We will visit a morning of commemoration to honor all those who served to defend the young Republic. We will march in a parade, hear cannon fire, horses, re-enactments and speeches. We will march to and visit the grave of the little drummer boy who fell during the Civil War. This is a great event for members only. Confirm by email stnonradio@yahoo.com not later than NOON, Saturday August 26th. Meeting site is under the Gothic Arch at the Green-Wood, at 10.30 AM. Bring camera, lunch and water and sun block and hat. This event will take under four hours. Take the "R" train to 25th Street station, check MTA | Subway, Bus, Long Island Rail Road, Metro-North for updated service. Club members only on walk.

Sat., Sept. 02 - **BRONX BOTANICAL GARDEN**. We'll take a look at the Rose Garden, the Native Plant Garden, and the Perennial Garden, as well as walk through NYC's only primeval forest. Around 2 miles at a very leisurely pace -- not moderate! (If walking at a slow pace drives you crazy, PLEASE DON'T COME!) Take the 9:24 Harlem Line train from Grand Central, arriving at the "Botanical Garden" Station at 9:47. Get "City Ticket" \$4.25. Alternatively, take the 4 or D subway to "Bedford Park Blvd." and then the #26 bus east to the Mosholu Gate entrance -- or, the #2 subway to "Allerton Ave." and then the #26 bus west to the entrance. Meet just inside the Mosholu Gate at 9:47 AM. Admission to the Garden is free until 10am on Saturdays. If driving, park in the parking facility by the station (\$12) or on a nearby street (free). No coordination of rides. The 3:37pm train gets you back to Grand Central at 3:59pm or you can take the bus and subway back. Bring lunch and beverage, or buy it in the cafeteria. No pets; no smoking. No need to register, but call or email to confirm that the visit is on, especially if the weather forecast changes for the worse, or if you have any questions. Leader: Bob Susser, **212-666-4371**; rsusser@aol.com.

Sat., Sept.09 - **HEMPSTEAD LAKE STATE PARK**. 6 miles at moderate pace. We will walk around this beautiful lake in late summer. In Manhattan, take LIRR Babylon Line at 10:43 AM to Rockville Center. Fare one way \$9 / \$6.25 senior. From Queens, you can take 11:22 am train at Jamaica to Rockville Center, fare will be less. Meet 11:45 AM at Rockville Center Station. Bring lunch and water. Call leader Peter Chang at **718-397-5538** on Friday evening to confirm the hiking status. Non-members \$3.

Sat., Sept. 09 - **ROCKLAND LAKE / HUDSON SHORE PATH / UPPER NYACK TRAIL**. 5 miles. At a moderate pace on mostly flat trails. One small hill up. Superb vistas at lake, shore road and woodland trails. Bring lunch and water. Meet before 8:45 AM at the Port Authority Bus Terminal, South Wing by the white Commuter Statures. Bus departs at 9:15am to Rockland Lake; bus 9A; gate 220, arriving at Rockland land lake at 10:35am (that same Bus leaves the George Washington Bridge Bus Terminal at 9:40am). Call Leader: Marvin Malater, **718-376-3608**, for hike status and information. Joint hike. Non-members \$3.

Sun., Sept. 10 - **RED HOOK, BROOKLYN**. About 4.5 miles, level, moderately paced. A quick walk down from Brooklyn Heights through its charming Willowtown area, then a bit of Brooklyn Bridge Park, after which we begin our leisurely walk to & through the distinctive cityscape of Red Hook, enjoying its watery vistas, industrial relics, art spaces & other attractions. Take #2 or #3 train to "Clark St.-Brooklyn Heights" & meet just outside station on Clark St. Steady rain cancels. Optional early dinner in a Middle Eastern restaurant on Atlantic Ave. Meet 1PM (after lunch). Bring water & snacks. Joint with UTC Outdoors Club. Leader: Devra Zetlan, **212-662-8922**. Non-members: \$3

Sun., Sept. 10 - **ASTORIA AT A SLOW, STEADY PACE**. 3 or 4 miles. We will explore this quaint community and then return by the East River Ferry. Meet on the corner at the Ditmars Street Station, "N" train. Bring lunch & beverage. Leaders: Ken King, (**631-592-1937**) nhochike@optonline.net & Bob Ward, (**718-471-7036**; call after 8:00pm and not on day of trip) Members only. Joint with other clubs. Non-members \$3.

Thurs., Sept.14 - **RONKONKOMA TO BAYARD CUTTING ARBORETUM: on the Long Island Green Belt**. 8 miles at a moderate pace. Terrain is almost all flat, but boots are best because the trail can be muddy, in places. We'll walk through Connetquot State Park, look at the fish hatcheries there, and end up at Bayard Cutting Arboretum where we can get tea/coffee. Meet at the latest 9A.M., at Penn Station - 34th St. in the Long Island Rail Road ticketing area, to take the 9:14 AM train to Ronkonkoma, arriving at Ronkonkoma 10:37 (check schedule for any changes). Return from the Great River LIRR station. Fare one way \$13.75 (less for seniors). Rain cancels. Leader: Pat **Belanoff, 212-568- 2052 or email padaulton@gmail.com**. Call after Tuesday; no calls after 9:30 PM. You must, however, call to make sure hike is on. Joint hike with Outdoors Club. Members only.

Sat., Sept. 16 - **DUMBO, BROOKLYN BRIDGE PARK, BROOKLYN HEIGHTS PROMENADE**. Meet 1pm, after lunch. 2.5 miles, city walk with one hill, at an easy pace. Village-like area with art works in unexpected places, cute little stores, bakeries, waterside parks, historic carousel, N.Y.C. skyline. Meet 1pm, after lunch, outside the "F" train station (exit at York St. at York and Jay St., Bklyn.). Leader: Susan B. **718-275-7654**; call to confirm. Joint walk; members and friends only. Nonmembers \$3. NO "MEETUP" group members. Non-members \$3.

Sat., Sept.16 - **SUNNYSIDE TO LONG ISLAND CITY**. About 5 miles in Queens, level & moderately paced. We'll tour Sunnyside Gardens (the 1st example of a planned community in the US) & then walk east to Greenpoint Ave. which we'll follow into a less developed part & more industrial part of Long Island City; then we'll continue across the train yard to the waterside park with its adjacent densely developed residential towers. Optional early dinner or dessert/drink stop at a French bistro. Meet 12:30 PM at the NW corner of Queens Boulevard & 46th Street. Take the #7 train to 46th-Bliss St. (or take shuttle bus if weekend service on #7 is out). Bring water & snacks. Steady rain cancels. Leader: Devra Zetlan, **212-662-8922**. Joint with Outdoors Club. Non-members \$3.

Sun., Sept. 17 - **BRANCH BROOK PARK**. 3 miles at a slow but steady pace. We will explore this park which is the largest county park in the country and has traces of the historic Morris Canal. Meet at 11:30 AM in front of the turnstiles of the PATH Terminal (32 St. & 6 Ave.). Bring lunch and water. Leaders: Bob Ward (**718-471-7036**, after 8:00pm and not on day of trip) & Ken King (**631-592-1937**). Call to confirm hike status. Joint walk with other clubs. Members only on walk.

Sun., Sept. 24 - **QUEENS' WATERFRONT, PART 2**. Distance: 15 miles. Moderate steady pace. **Meet:** Main Street station, # 7 train at 9:00 A.M. on the northeast corner (By AT&T store). Walk the Queens waterfront from Flushing to Bayside. Walk through Flushing, College Point, Malba, Whitestone, Fort Totten, and Bayside. Moderate pace. Some drop-off points. **Important:** Bring water and lunch. There is no place to obtain food or water where we will be having lunch. Leader: Bill Wrublewski. Cell: **646-369-0279**, Email: summer.time101@verizon.net. Non-members \$3

Sat., Sept. 30 – **MILLWOOD TO CROTON HARMON**. 10 miles, at a moderate pace with some ups and downs. Hike through Kitchawan Woods, along the shores of the scenic Croton Reservoir & Croton Aqueduct, then out to Croton Harmon. Bring lunch and water. Meet at Grand Central Terminal Information Booth. And get one-way ticket to White Plains, and free Bus transfer (use Metro- Card) to Millwood. Leader: Ludwig Hendel, **646-853-3974** cell. You must call for meeting time only on Friday eve. Sept 29.

OUR NEXT SCHEDULE WILL INCLUDE Oct-Nov-Dec 2017

..... CONTACT US

Please send your membership renewal of \$10 one year / \$18 two years to:
The Urban Trail Conference Inc - P.O. Box 264 - Bronx NY- 10463-0264



(New members only: your first-year membership is \$7)

Make check payable to The Urban Trail Conference Inc.

☞ Your membership renewal date can be found on the mailing label of your envelope. ☞

☞ Non-members pay one day dues \$3. Members do not pay fee. ☞

FOR SCHEDULES AND CLUB INFORMATION:

✉ Email: urbantrail2000@yahoo.com ✉  Web Site: www.urbantrail.org  ☎ 718-652-9075 (before 9 p.m.) ☎
or write to the above P.O. Box address.

Be aware of Bicyclists and Motorists