



NEWSLETTER & SCHEDULE OF ACTIVITIES (242)

January/February/March 2017

I understand that I participate in today's outing entirely at my own risk. The volunteer leader will try to make the event enjoyable, informative and safe, but neither The Urban Trail Conference Inc. nor its officers and leaders can be held responsible for accident or injury. The leader may reject from the outing anyone whose preparation or conduct is inappropriate. I will comply with all applicable laws.

! Per hike dues are \$3 for non-members -- members pay no fee. First year membership is \$7 – see contact info at end of schedule.

Announcements

- Thank you, New York Hiking Club We gratefully acknowledge and thank the officers and members of the former New York Hiking Club for their generous contribution to our club. The New York Hiking Club was founded in 1922 and was disbanded in 2016.
- Membership: Check your mailing envelopes for expiration dates and send dues as required. First year membership only \$7. Thereafter, membership dues are \$10 for 1 year (a great gift idea). See contact information at the end of this schedule.
- Extra Hikes via the Internet In addition to our printed schedule, many leaders give unscheduled "extra-hikes" via the internet. To receive notification of them, **your membership dues must be current** and you have to send your Email address to urbantrail2000@yahoo.com If you have been receiving hike messages from us, we already have your email address, SO DO NOT RESEND. Also, check your "Spam" messages. *Members only will be listed.*
- We publish hikes through this printed schedule and by Email, BUT!! **New leaders are needed along with our veteran leaders; especially if this printed schedule is to continue.** So, Why not share a favorite hike, walk or other group activity with us? Contact us before the last month of this schedule to be listed in our next printed schedule. After listing your 1st activity in our printed schedule, we will also post your hike or group activity via the internet, at your convenience and without having to plan your walk months ahead. Leaders get free membership plus an invitation to our annual dinner. Use the [Contact Us](#) information at the end of this newsletter for Email, phone or mail replies.
- I Need Help Proof-Reading And Editing This Newsletter Required tasks are minimal. Editor will work along with me and other volunteers to produce this Newsletter four times per year and must have an email address that can be used to receive hike write-ups; be comfortable working with Word Processing and have a computer available. Please contact, President: Victor Scelzo at: URBANTRAIL2000@YAHOO.COM. Also, let me know your past experience
- Membership in NY / NJ Trail Conference -Trail Ambassador Program: More than 2,000 miles of trails throughout New York and New Jersey are maintained by volunteers of the New York-New Jersey Trail Conference. By volunteering for trail maintenance or just becoming a member you play a part in maintaining and creating many of the trails we enjoy. Now, members of the Urban Trail Conference can join the NY/NJ Trail Conference and get a free quality, durable trail map OR 50% off the regular membership rate. Join by visiting [HTTP://WWW.NYNJTC.ORG/TA-JOIN](http://WWW.NYNJTC.ORG/TA-JOIN) and using Redemption Code "TA36935." You can also call Brendan at 201-512-9348 ext. 28; Ask for the Trail Ambassador program. Membership includes a subscription to their quarterly [Trail Walker](#) newsletter containing trail-maintenance, conservation and hiking articles of interest.
- Trail Maintenance in Queens, N.Y Bob Ward is looking for volunteers to maintain walking trails in Queens. Required is the ability to enjoy pleasant outdoor activity, using light hand tools. Schedule at your own convenience. Contact him: 718-471-7036 by 9-pm or by email: NY.RobertWard@gmail.com Bob is the former President of the NY Hiking Club and long time trail-maintainer.
- Before you go: Leader contact information is provided at the end of each hike listing. So before going on a hike, call or Email for info or cancellation announcements. Also, re-check train/bus fares and schedules for changes. The MTA Website is www.mta.info. Also, "The Map" lists subway, metro north routes and transit information. This along with NYC borough bus-maps are available free of charge at NYC subway fare booths

SCHEDULE OF ACTIVITIES FOLLOWS

Sat., Jan. 07 **BEAR MOUNTAIN**. 8 miles, at a moderate steady pace. We will climb up Bear Mountain on the Appalachian Trail on the new section which is on stairs and come down on the other side on an easy road (Perkin's Drive). There is some uphill involved but there are great views! Meet at Grand Central Terminal, 42nd St. in the comfortable Station Master's office across from Zaro's on street level to take the train to Metro North to Manitou. I'll get the schedule that week, but Late Return on the last train around 7:00. Start E-mailing Tues. night on the week of the hike at nyhiker50@verizon.net any time up to 1 day before the hike (E-mails preferred) for meeting time and information. Fare: \$26.50 RT, seniors less. Leader: Mike Puder. Members only

Sat., Jan. 07- **QUEENS GREENWAY**. 8 miles at a moderate pace. We will walk from Kissena Park to Cunningham Park, then continue walk to Alley Pond Park. Along the trail you will view a beautiful lake in Kissena Park, and walk through an old motor parkway which was built on 1908. Most of Alley Pond is covered by natural forest, we will walk through the forest to connect 56th Ave. and take Q27 bus back to Flushing. Take # 7 trains to Flushing Main St. Meet at 10:30 am near ticket window. Bring food and water. Call Leader Peter Chang at (718) 397-5538 on Friday evening for hiking status. Non members \$3.

Thurs., Jan.12 - **VAN CORTLANDT PARK**. 6 miles at a moderate pace. Exact trails will depend on the weather. Meet at 10:30 AM at the end of the No. 1 train (242nd St.). Please match your footwear to weather conditions; hiking boots are probably best. Bring lunch and water. Hike will end where it began. Leader: Pat Belanoff, 212- 568- 2052. Call after Tuesday, but not after 9:30 at night or Email: padaulton@gmail.com, but you must check to make sure hike is on. Joint hike with Outdoor Club. Members only.

Sat., Jan. 14 – **BRONX RIVER PATHWAY: Valhalla to Scarsdale**. 7 miles at moderate, steady pace, flat terrain. Starting in Valhalla, see the impressive Kensico Dam then pass White Plains and Hartsdale, and out to Scarsdale. Bring lunch and water. Meet at Grand Central Terminal (42nd Street) Information Booth at 9:15 AM. Leader: Ludwig Hendel, 718-626-3983. You must call for hike status Friday eve Jan. 13 only! Joint hike with Outdoors Club. Members only on hike.

Sat., Jan. 21- **BROOKLYN BOTANICAL GARDEN**. At around 50 acres (only one-fifth the size of the Bronx Garden) the entire garden can be comfortably seen in one visit. Maybe a mile of walking altogether, at a very leisurely pace with many stops. Meet just outside the Eastern Parkway entrance at 11. Take the #2 or #3 subway to the Eastern Parkway station. We'll buy lunch at the Terrace Cafe (reasonable). Admission is free on Saturday until 12 noon. In case of inclement weather the garden visit will be converted into a visit to the Brooklyn Museum instead, which is right next door, and has a policy of pay what you wish for admission (\$1 is fine). In that case, we'll have lunch in the museum cafeteria. Please email or call me to make sure that the walk is on, to let me know you are coming, and/or if you have any questions. Leader: Bob Susser, rsusser@aol.com; 212- 666-4371.

Sun., Jan. 22 – **POCANTICO TRAILS**. 12 mile circular hike, at a moderately steady pace Meet at Grand Central Terminal ticket window in time to take the 8:47 AM Metro North, Hudson Line Train to Philipse Manor. We will walk from the train station to the carriage roads of the Rockefeller estate. Bring lunch and warm liquids. We will return from the same train station of our arrival and take the 4:10 pm or possibly the 5:10 pm train back. Leader: Oliver Wayne, 201-840-4145. Call for information. Joint hike with Outdoors Club. Members only.

Sun., Jan. 22 - **LIBERTY PARK: JERSEY CITY, N.J.** 9 miles, moderate steady pace. Enjoy a day at Liberty Park with its breathtaking views of NYC; a real treat. Have dinner at a diner either inside or outside the park afterwards. Dress for the cold!! Possible late return. Meet at turnstiles at 32nd St. & 6th Ave. Path Station for train to Grove Street. Fare \$2.75 each way. Leader: Mike Puder. You can E-mail me beginning Wednesday eve) the week of hike for at nyhiker50@verizon.net up to afternoon the day before the walk for meeting time and all the details. Members only.

Sat., Jan. 28 - **CONNETQUOT RIVER PARK Plus BAYARD CUTTING ARBORETUM**. Two options 6 or 9 miles. Flat terrain, moderate pace. A winter hike to the interesting Connetquot Park Preserve. See ponds, river, fish hatchery and wildlife; drop out after 6 miles or if you wish, continue exploring the beautiful Bayard Cutting Arboretum. Bring water, lunch, wear hiking boots. Rain or snow cancels. From N.Y. Penn Station take the 9:12 AM LIRR train to Great River station. Fare \$27 round trip/seniors \$18. Leader will meet group at Great River train station at 10:33 A.M. (Check mta.info/lirr for current train schedule). Leader: Quyen (Quinn) Pham, 631-234-5486, 8 pm - 10 pm and morning of hike. Email: qwpham@yahoo.com. Non members \$3.

Sun., Jan. 29 - **FORT TRYON PARK, WITH A VISIT TO THE CLOISTERS**. About one mile at a very leisurely pace. Take the "A" train to 190 St. and then the elevator up to Fort Washington Ave. -- or take the #4 bus directly to 190 St. and Fort Washington Ave. Meet at 11AM just inside the subway entrance there. We'll go through Linden Terrace (the highest point in Fort Tryon Park and the second highest natural elevation in Manhattan, with great views of the Hudson and the city). After lunch (bring lunch and hot beverage -- we will not be passing any place to buy food) we'll visit the Cloisters (restrooms) where we can take a look at the famous Unicorn Tapestries -- and anything else people might want to see. Admission is pay what you wish (\$1 is fine). Please email or call me to make sure that the walk is on, to let me know you are coming, and/or if you have any questions. Leader: Bob Susser, rsusser@aol.com. 212-666-4371.

Sat., Feb. 04 - **WASHINGTON BRIDGE TO ENGLEWOOD**. 6 to 7 miles at a moderate pace. We will walk from Washington Bridge along the long Path to Englewood, then go down the shore and continue walk along the shore Trail back to Washington Bridge. We will pass the Allison Park and St. Peter's College and many lookouts to view the river scenic. Take the "A" train to 175th St. walk one block to GWB bus station. Meet 11am at waiting room. Bring food and water. Call Leader Peter Chang at (718) 397-5538 on Friday evening for hiking status. Nonmember \$3

Sun., Feb. 05 - **SOME HIGHLIGHTS OF CENTRAL PARK**. The Obelisk, Turtle Pond, Belvedere Castle, with its panoramic views, and the Ramble (38 acres of winding wooded trails). Maybe a mile altogether at a very leisurely pace and with quite a few stops. We'll end up around 1pm with lunch at the Boathouse Cafe -- bring your own or buy it there. In case of inclement weather the Central Park visit will be converted into a visit to the Metropolitan Museum instead, which is right next door, and has a policy of pay what you wish for admission (\$1 is fine). If we decide to go to the museum, we'll have lunch in their cafeteria. Meet at 11AM on the benches at the South West corner of 85th St. & 5th Ave. (restrooms). Please email or call me to make sure that the walk is on, to let me know you are coming, and/or if you have any questions. Leader: Bob Susser; rsusser@aol.com, **212 666-4371**.

Sun., Feb. 26 – **HAMILTON, N.J. TO KINGSTON, N.J. along the D & R CANAL TOWPATH**. About 11 miles at a moderately steady pace. Meet at the ticket windows of the New Jersey Transit at NY Penn Station (near 7th Ave) at 8:50 AM to take the train to Hamilton N.J. and then walk to Kingston N.J. We will stop to look at Breyerly House, an 18th-Century landmark. Bring lunch and warm liquids. There will be no opportunity to buy food along the way. Leader: Oliver Wayne, **201-840-4145**. Call for information. Joint hike with Outdoors Club. Members only.

Sat., Mar. 18 - **TRENTON CIRCULAR**, 6 - 7 miles, level terrain. From the train station we cross historic downtown Trenton then to the Delaware & Raritan Canal to Olmsted's Cadwalader Park. Return to station on the canal and the abandoned Del-Bel Rail Road passing the Battle Monument. Bring lunch and water. Meet 8:55 AM at Penn Station by the New Jersey Transit ticket windows for the 9:14 AM train to Trenton. Fare: \$33.50 / seniors \$15.30. Leader: Joel Pomerantz, **212-691-3844**, evenings before 10PM. Rain cancels. Non members \$3.

Thurs., Mar. 23 - **FORT TRYON to WAVE HILL**. 6 miles at a moderate pace. Meet 10AM, at the entrance to Fort Tryon Park, at the end of Fort Washington Ave. Take the M4 bus to the entrance to Ft. Tryon Park or the "A"- train to 190th street and the elevator up. Return via bus to the #1 train. We'll walk through Ft. Tryon and Inwood Hill Parks, and on to Wave Hill. Wave Hill admission \$4 for seniors. We'll be on paved walks much of the time except for well-maintained woodland trails in Inwood Hill and later in the Bronx in Riverdale Park. Hiking boots are recommended as the trail can be muddy, with a few gradual ups and downs. Bring water and lunch or buy lunch at Wave Hill. Leader: Pat Belanoff, **212-568- 2052**. Rain cancels. Call after Tuesday, but not after 9:30pm at night or email padaulton@gmail.com, but you must check to make sure hike is on. You can also call up to 9AM morning of hike. Joint Hike with Outdoor Club. Members only.

Sat., Mar. 25 – **GREAT KILLS TO FOR WADSWORTH**. 8 to 9 miles at a moderate, steady pace on flat terrain. After taking the Staten Island Ferry and Subway, hike along the Boardwalk facing Lower New York Bay and Verrazano Bridge to Fort Wadsworth with its imposing fortifications. Bring lunch and water. Take the no. 1 or "R" train to South Ferry. Meet at the Staten Island Ferry Terminal, Manhattan side, upper level. Leader: Ludwig Hendel, **718-626-3983**. You must call for hike status and meeting time. Friday eve March 24, only! Members only on hike.

Sun., Mar. 26 - **RIVERSIDE PARK**. A very leisurely stroll of around 1.5 miles in Riverside Park and along the Hudson, followed by a nice bowl of hot soup (or whatever) at the new Ollie's in Trump Plaza. Riverside Park is widely regarded as Manhattan's most spectacular waterfront park, and one of only eight officially designated scenic landmarks in NYC. Meet at 11am inside the south side of the Broadway and 96th St. subway station on the #1 subway line, but outside the turnstiles. Please email or call me to make sure that the walk is on, to let me know you are coming, and if you have any questions. Leader: Bob Susser, rsusser@aol.com, **212-666-4371**.

OUR NEXT SCHEDULE WILL INCLUDE APR, MAY JUNE 2017



See our Contacts on next page:

..... CONTACT US

Please send your membership renewal of \$10 for one year to:
The Urban Trail Conference Inc., P.O. Box 264 Bronx, NY 10463-0264
(New members only: your first year membership is \$7)
Make check payable to The Urban Trail Conference Inc.

☞ Your membership renewal date can be found on the mailing label of your envelope. ☞
☞ Non-members pay one day dues \$3. Members do not pay fee. ☞

FOR SCHEDULES AND CLUB INFORMATION:

✉ Email: urbantrail2000@yahoo.com ✉  Web Site: www.urbantrail.org  ☎ 718-652-9075 (before 9 p.m.) ☎
or write to the above P.O. Box address.

Watch-out for Bicyclists and Motorists